

## Insurance Resource List

### Insurance Requirement for CU Boulder Students

All CU Boulder students, international and domestic, are [required to maintain comprehensive health insurance](#) while they are enrolled at the university. Students may carry individual health insurance, coverage through family, or the university's [Student Gold Health Insurance](#).

Students registered for six or more undergraduate credit hours or one or more graduate credit hours are automatically enrolled in the Student Gold Health Insurance Plan. Students must [select or waive](#) the Student Gold Coverage in [MyCUInfo](#) every semester.

### J-1 Exchange Visitor Insurance Requirement

For J-1 Students, Research Scholars, Short -Term Scholars, Specialists, Student Interns, Professors [Immigration regulations](#) require J-1 exchange visitors and accompanying J-2 dependents to maintain comprehensive medical insurance with evacuation and repatriation coverage that meets U.S. government minimum requirements. ~~visitors participating in the J-1 exchange program must continue to have health insurance throughout the J-1 exchange visitor program.~~

- There cannot be any breaks or lapses in insurance coverage even if one travels outside the U.S for an extended period during the J-1 /TT2 1 Tf 0 -1.413 TD (J)Tj (-)Tj -0.002 Tc 0.007 Tw 0.837 0 Td [(1 S)1.9 (c)-2 ( Please contact your department's payroll liaison to confirm your eligibility.

Benefits-eligible scholars can [enroll in health insurance through the university w](#)

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appointment start date. CU offers two plans that meet the minimum J-1

or approving of any of the services, opinions, or products of third-party providers listed herein. Please contact the organization to learn more about their service offerings and to determine if those services may be of assistance to you.

\*The companies that have a star in front of them also offer medical evacuation and repatriation insurance that you can purchase separately without a health insurance plan.

- [Associate Insurance Plans International, Inc.](#)
- \*[BETiNS](#)
- [CMI Insurance](#)
- [Compass Benefits](#)
- [Cultural Insurance Services International](#) (CISI)
- [Gateway](#)
- [HTH Worldwide](#)
- \*[INSUBUY](#)
- [Insurance for Students, Inc.](#) (IFS)
- [International Medical Group](#) (IMG)
- \*[International Student Insurance](#) (ISI)
- [ISO Student Health Insurance](#)
- [On Call International](#)
- [Seven Corners](#)
- \*[The Harbour Group](#)
- [Trawick International, Inc.](#)
- [VISIT](#)
- [Visitor Guard](#)