

**CU • STUDENT REC CENTER INTRAMURALS
ICE HOCKEY • RULES**

**Office Line 303-492-2898 • Email: insports@colorado.edu
Website**

ELIGIBILITY

Every eligible intramural participant must be a full fee-paying University of Colorado student or recreation center member:

Every eligible intramural participant must present their Buff Or Cad or Student Recreation Center Membership Card in order to check in before every game. If a player fails to have one of these two proofs of identification, they will not be allowed to participate. NO EXCEPTIONS!

STARTING THE GAME

The game will be started by a "face off" at the center face off spot.

SCORING

Recreational League Shooting Rule

The initial shot must be taken from outside of the hash marks if the player is facing the goal directly. If a player shoots the puck at an angle to the goal, the area in which that player can shoot moves gradually closer but may not be any closer than five feet at the direct side of the net (along the goal line).

The initial shot must strike the "shooter's toe" in order to be eligible for a rebound shot. The rebound shot must be taken from outside the crease area. Following the rebound shot, the next shot must be taken within the same parameters as the first shot.

As a rule of thumb, the rebound shot should be fairly immediate. This will be left to the discretion of the Officials.

A player may not score more than three goals in one single game. Any goal after the third goal by the same individual will not be counted.

**Accruing two Honest Effort Forfeits (HEF).
Receiving less than a 30 sportsmanship rating average
Post season tournament schedules will be posted the last week of the regular season**

Forfeit Score 50

Needed to Start Comp and Int: 6 players

Needed to Start Rec: 5 players

Minimum to Start for Comp and Int: 5 players

Minimum to Start for Rec: 4 players

HEF: 2 players